Protecting Yourself as a Patient

This course will arm us with the knowledge we need to keep ourselves and our loved ones safe when engaging with the healthcare system. Health care today is more complex, technical, and volatile than ever. Medical harm (unintentional but often preventable) injures and kills hundreds of thousands of patients each year. In this course, we will learn how to prevent the most common types of medical harm including medication errors, patient care accidents, procedural and surgical complications, infections, and diagnostic mistakes. Patient safety experts and advocates will provide us with practical tips and insights to navigate the healthcare system confidently and safely. Through presentations, videos, and group discussions, we will come to understand the common sources of error and discover tactics, resources, and cautions to help protect ourselves and our loved ones.

Click here to view promo video.

YOUR INSTRUCTOR: Singh Hardeep, MD

Hardeep Singh, MD, is a Professor of Medicine at Baylor College of Medicine in Houston and a leader in quality and safety research focused on reducing diagnostic errors, improving health information technology, and transforming health care systems. His work has informed major patient-safety initiatives and policy reports from organizations including the National Academy of Medicine, CDC, OECD, and WHO. He has received prestigious awards for his pioneering work, including the Presidential Early Career Award for Scientists and Engineers and John M. Eisenberg Patient Safety and Quality Award for Individual Lifetime Achievement.

TUESDAYS, JULY 21 THROUGH AUGUST 25

Noon PT | 1pm MT | 2pm CT | 3pm ET

Each live session is 90 minutes

- Tuesday, July 21
- Tuesday, July 28
- Tuesday, August 4
- Tuesday, August 11
- Tuesday, August 18
- Tuesday, August 25

To register, please contact your local Osher Institute.