

Indiana State University
Biennial Review
January 1, 2023—December 31, 2024
Issued September 26, 2025



In Compliance with the U.S. Department of Education's
Drug-Free Schools and Communities Act (DFSCA) and
Drug and Alcohol Abuse Prevention Regulations

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Introduction

The Drug Free Schools and Communities Act (DFSCA) and Part 86 of the Department of Education's General Administrative Regulations (Edgar Part 86) requires institutions of higher education to adopt and implement drug and alcohol abuse prevention programs (DAAPP) for students and employees. Indiana State University has developed and implemented drug and alcohol abuse education and prevention programming designed to prevent the unlawful possession, use, and distribution of drugs and alcohol on campus and at campus events. Indiana State University is required to distribute written information about its DAAPP, as well as conduct a biennial review to measure its effectiveness and ensure a consistent enforcement of its disciplinary sanctions. As a part of its activities, Indiana State University distributes and has available written materials that include the following:

- Standards of conduct that prohibit the unlawful possession, use or distribution of illicit drugs and alcohol on University property or part of our activities;
- A description of the health risks associated with the use of illicit drugs and abuse of alcohol;
- Federal, state and local laws with applicable legal sanctions;
- Information regarding counseling and treatment programs;
- A list of prevention and education programming offered;
- Specific information regarding disciplinary sanctions Indiana State University will impose on students and employees who violate standards of conduct.

The process of conducting a biennial review provides Indiana State University with an opportunity to examine the reach and impact of our alcohol and drug prevention efforts. Through this review, we will acknowledge our achievements and most importantly, we will identify areas that need improvement. The spirit of improvement is our primary goal, as we are aware of the serious negative impacts alcohol and other drug abuse has on our campus community. Specifically, Indiana State University undertakes a biennial review to internally evaluate its alcohol and drug abuse prevention programming in the following areas:

- Determine program effectiveness and implement programmatic changes as needed;
- Determine the number of drug- and alcohol-related violations that occur on the institution's campus or as part of any of the institution's activities;
- Determine the number and type of sanctions that are imposed by the institution as a result of drug- and alcohol-related violations on the institution's campus or as a part of any of the institution's activities; and
- Ensure that the sanctions are consistently enforced.

Indiana State University is a public research institution of higher education located in Terre Haute, Indiana and plays a crucial and growing role in the region's economic development. Total enrollment for Fall 2023 was 8,305 and Fall 2024 total enrollment was 7,895. Total undergraduate enrollment was 6,669 in Fall 2023, with the Fall 2024 total undergraduate enrollment 6,224. Total graduate enrollment was 1,636 in Fall 2023 and 1,671 in Fall 2024. Most undergraduate students are full-time, with 83.6% in Fall 2023 and 86% in Fall 2024.

Residents from the state of Indiana have consistently been 70% or more of the undergraduate population for this reporting period, with Vigo, Marion, Lake, Hendricks, and Clay counties topping student counties of residence. The top five countries outside the United State where students originated from were India, Ghana, Nigeria, Canada, and the Democratic Republic of

Congo. A majority of Indiana State University students identify as White (68% in Fall 2023 and 66% in Fall 2024).

***The information contained in this report is a reflection of the efforts and activities during the reporting period of January 1, 2023 to December 31, 2024. It is noted that a significant university restructuring occurred in May 2025, resulting in the renaming of some offices, changes in reporting lines, and the elimination of some staff positions. As this report is a reflection of past efforts, offices and programs throughout this report are referenced by their name during the reporting period.*

Alcohol and Other Drug (AOD) Prevalence Rate, Incidence Rate, and Trend Data

The number of AOD student violations in 2023 and 2024 are provided below in Table A and Table C from the Office of Student Support & Accountability. Additionally each year's "Summary of Student Sanctions/Outcomes Assigned to Individual Cases" are provided below in Table B and Table D. Finally, in Table E are the 2023 and 2024 ISU Police Department Statistics on AOD arrests.

Data for this biennial report (2023-2024) compared to the last (2021-2022) the Office of Student Support & Accountability recorded an increase in both the number illegal alcohol behaviors and illegal drug behaviors in both 2023 and 2024. Improved education and staff reporting may contribute to this change. First semester freshman remain the number one violators of alcohol and other drug policies at Indiana State University. In administrative conferences with hearing officers, the majority of the students state they were exploring with alcohol and marijuana now that they were away from home. The addition of the Campus Clarity AOD module training for all first-time offenders has been helpful in increasing AOD awareness with the intent of curbing future behavior.

Human Resources reported two employee AOD violations during the 2023-2024 biennium, as shown in Table F. Both violations resulted in termination, as depicted in Table G. It should be noted that the violations reported by Human Resources are all for alcohol.

ISU Police Department statistics regarding both alcohol and drug arrests increased in some areas as compared to the last biennium. This could be a reflection of the changing enrollment patterns at Indiana State University, as well as continued recovery from the COVID-19 pandemic.

Table A: 2023 Summary of Student Alcohol and Drug Violations

	Spring 2023	Summer 2023	Fall 2023	Total
Alcohol Violations:				
Alcohol violations by persons under 21	31	0	68	99
Alcohol violations inconsistent with university policy	3	0	8	11
Furnishing alcohol to persons under 21	2	0	1	3
Behavior while under the influence of an alcoholic beverage	5	0	4	9
Total	41	0	81	122

Drug violations:

Possession of unlawful drug or controlled substances	39	0	29	68
Possession of drug paraphernalia	18	0	16	34
Use of unlawful drug or controlled substances	62	0	54	116
Misuse of over-the-counter drugs or prescription drugs	0	0	0	0
Distribution and/or sale and/or delivery of unlawful drugs or controlled substances	0	0	1	1
Reasonable suspicion of unlawful drug use (odor)	9	0	3	12
Behavior while under the influence of drug or controlled substances	1	0	1	2
Total	129	0	104	233

Table B: 2023 Summary of Student Sanctions/Outcomes Assigned to Individual Charges

	Spring 2023	Summer 2023	Fall 2023	Total
Alcohol Violations:				
Conduct Discussion	1	0	5	6
Conduct Warning	26	0	43	69
Conduct Probation	1	0	0	1
Separation	0	0	1	1
Educational Module (AOD Training - Alcohol)	8	0	3	11
Additional Sanctions (non-descriptive)	2	0	2	4
Drug Violations:				
Conduct Discussion	0	0	3	3
Conduct Warning	67	0	47	114
Conduct Probation	9	0	1	11
Separation	0	0	0	0
Educational Module (AOD Training - Drugs)	45	0	2	47
Housing Contract Termination	0	0	0	0
Reflective Paper	1	0	0	1
Additional Sanctions (non-descriptive)	3	0	3	6

Table C: 2024 Summary of Alcohol and Drug Violations

	Spring 2024	Summer 2024	Fall 2024	Total
Alcohol Violations:				
Alcohol violations by persons under 21	21	0	80	101
Alcohol violations inconsistent with university policy	4	0	6	10
Furnishing alcohol to persons under 21	0	0	0	0
Behavior while under the influence of an alcoholic beverage	5	1	4	10
Total	30	1	90	121
Drug violations:				
Possession of unlawful drug or controlled substances	25	1	59	85
Possession of drug paraphernalia	13	0	30	43
Use of unlawful drug or controlled substances	31	1	74	106
Misuse of over-the-counter drugs or prescription drugs	0	0	0	0
Distribution and/or sale and/or delivery of unlawful drugs or controlled substances	1	0	0	1
Reasonable suspicion of unlawful drug use (odor)	4	0	8	12
Behavior while under the influence of drug or controlled substances	0	0	1	1
Total	74	2	172	248

Table D: 2024 Summary of Student Sanctions/Outcomes Assigned to Individual Charges

	Spring 2024	Summer 2024	Fall 2024	Total
Alcohol Violations:				
Conduct Discussion	1	0	0	1
Conduct Warning	17	1	65	83
Conduct Probation	2	0	10	12
Separation	1	0	0	1
Educational Module (AOD Training - Alcohol)	0	0	2	2
Housing Contract Termination	1	0	0	1
Drug Violations:				
Conduct Discussion	0	0	0	0
Conduct Warning	72	2	90	164
Conduct Probation	10	0	12	22

Separation	6	0	1	7
Educational Module (AOD Training - Drugs)	0	0	3	3
Housing Contract Termination	0	0	2	2
Reflective Paper	0	0	0	0
Additional Sanctions (non-descriptive)	3	0	5	8

Table E: 2023-2024 ISU Police Department Statistics

**Includes community arrests*

Alcohol	2023	2024
Illegal Possession of Alcohol Arrests	2	2
Public Intoxication Arrests	15	7
Minor Consuming Alcohol Arrests	24	9
Furnishing Alcohol to a Minor Arrests	0	0
Total Alcohol Arrests	41	18
Drugs	2023	2024
Dealing in Scheduled Controlled Substance Arrests:	2	0
Dealing in Cocaine or Narcotic Drug Arrests:	0	0
Dealing in Methamphetamine Arrests:	1	0
Possession of a Controlled Substance Arrests:	10	0
Possession of Cocaine or Narcotic Drug Arrests:	2	0
Possession of Methamphetamine Arrests:	23	4
Possession of Paraphernalia Arrests:	28	6
Dealing in Marijuana Arrests:	0	2
Possession of Marijuana Arrests:	25	7
Dealing in Look-A-Like Substance Arrests	1	0
Possession of a Look-A-Like Substance Arrests:	2	0
Total Drug Arrests	94	19
Operating Vehicle while Intoxicated	46	19

Table F: 2023-2024 Summary of Employee Alcohol & Drug Violations

Violation	2023	2024
Alcohol	2	0
Drugs	0	0

Table G: 2023-2024 Summary of Employee Sanctions/Outcomes Assigned to Individual Cases

Violation Type:	Alcohol 2021	Alcohol 2022	Drugs 2021	Drugs 2022
Suspension	0	0	0	0
Termination	2	0	0	0
EAP Program Referrals	1	0	0	0

Assessment Data

Due to staffing changes, no assessment data is available for the reporting period.

Program Goals & Inventory

Program Goals

Each department provides AOD programming for their “clientele” and all of which are students, except for Human Resources whose clientele are employees of Indiana State University. Each department creates their own AOD programming goals; most of these are similar to other department’s goals. The primary program goal for all departments is fulfilling the needs of educating our students and staff on reducing harm in relation to AODs.

Intercollegiate Athletics AOD programming goals are educational opportunities for student-athletes so they make more informed decisions, as well as awareness of risks and negative effects of alcohol and drug abuse, and prevention strategies. Athletics helps deter the use of these substances through a comprehensive drug-testing program, where the goal is negative results from all those tested. These tests are used to identify student-athletes with substance abuse/dependence and other problems for which substance use may be an indicator early in the course of the disease or problem. Action or treatment may be instituted in a timely manner if necessary.

Public Safety Department’s goals include increase enforcement efforts in areas of concern regarding drug use and underage alcohol consumption; reduce the prevalence of alcohol and drug abuse on campus; increase awareness on the effects of alcohol and drugs; and support the enforcement of violations concerning drugs and alcohol to align with the university’s policies as outlined in the University Handbook and the Student Handbook.

Residential Life goals are to provide opportunities for students to learn the ways in which alcohol impacts the students physiologically, mentally, and socially. They wish to provide opportunities for students to better understand the negative consequences of high-risk alcohol consumption so that they can make more informed choices about their own AOD behaviors.

Residential Life provides opportunities for students to learn about and understand the campus alcohol policies and specifically the medical amnesty policy. Finally, Residential Life’s programming goal is to provide opportunities for students to learn ways to assist friends who have made negative choices around AOD.

Human Resources goals are to include University Policy on Drug Free Workplace in the Fact Finder Binder that is provided with all new benefit-eligible staff and faculty; an email reminder of the policy is sent to new employees after 30 days of employment. Onboarding now includes the Policy statement that is electronically signed and kept in the system and a guide for drug and alcohol resources was to be developed for employees seeking assistance through the Employee Assistance Program. Additionally, this is used when employees have a drug and alcohol reprimand and employee relation issues. Additional efforts include, campus wide awareness posters and health risks along with resource information; additional information to be listed on the Employee Benefits/Wellness and Employee Assistance Program web pages; and developing procedures within Human Resources to have all Human Resources functions to coordinate Alcohol and Drug issues.

Fraternity & Sorority Life is committed to providing a safe environment for members, guests, and those aspiring to become members of recognized fraternities/sororities. Their staff meet regularly with student leaders to ensure they are in compliance with their respective inter/national risk management protocols for events as well as membership activities. Additionally, the Fraternity & Sorority Life staff work in collaboration with other University departments, local advisors, and organizational staff to address issues of accountability when they arise.

Program Inventory

Indiana State University is committed to eradicating the abuse of alcohol and drugs in our campus community and has developed a Drug and Alcohol Abuse Prevention Program as required by federal law. The Division of Student Affairs, with support from the Office of Human Resources and University Police, was responsible for the overall implementation and assessment of Indiana State University's efforts during this reporting period. Indiana State University provides annual notice of the components of the Indiana State University Prevention Program to ensure that Indiana State University Community members are aware of Indiana State University standards of conduct, sanctions for violations of university policy, legal ramifications of drug and alcohol abuse, the health risks of alcohol and illicit drug use, and a summary of Indiana State University prevention and education efforts.

The possession or use of illegal drugs, or the abuse of those which may otherwise be legally possessed, seriously affects the Indiana State University campus environment, as well as the individual potential of our students and staff. The University enforces state laws and related University policies, including those prohibiting the following activities on campus:

- Providing alcoholic beverages to individuals under 21, or possession, or consumption of alcoholic beverages by individuals under 21.
- Distribution, unlawful manufacturing, possession, or use of illegal drugs or controlled substances.

Short-term alcohol and drug counseling is available on campus to students through the Student Counseling Center (SCC). Therapists may refer students to other treatment programs for more intensive treatment. The SCC provides assessment, education and treatment services for ISU students who are having difficulties with substance abuse issues affecting their college lives. For students seeking services for alcohol or drug concerns, the SCC provides short-term individual counseling as well as brief groups for these concerns. All students must undergo an initial appointment with a therapist to determine the level of risk and current usage. Based on the outcome of the first appointment, students are referred to either alcohol or marijuana psycho-education groups or to individual counseling. The groups are a total of 3 hours and take place over a 3-week period. At times, referrals for more formal drug and alcohol evaluations to satisfy requirements for the Office of Student Support & Accountability, the courts, or another referring entity often occur. The SCC uses a structured assessment to determine the student's current and future level of risk. As with many other universities, drug use at ISU is an ever-growing concern. The SCC refers students needing treatment that is more intensive to appropriate programs within the community. In addition to assessment and brief treatment, the SCC and Student Health Promotion offered consultations to the campus community regarding students with substance use concerns, as well as a range of outreach programming focused on alcohol and drug use. Examples of outreach services provided include

presentations, displays, informational tables, and other activities as requested. Both departments offer individual, group, and community educational programs and interventions designed to prevent and reduce alcohol and other drug use/abuse to the ISU Community.

Environmental Strategies

Alcohol-Free Programming: The university has prioritized the promotion of alcohol-free events and activities, providing students with engaging alternatives that do not involve alcohol or drugs, particularly among programs implemented through offices, such as Student Engagement, Leadership & Fraternity & Sorority Programs, Student Health Promotion, and Residential Life.

Establishment of Amnesty Policies: To encourage responsible decision-making and seek help when needed, amnesty policies have been put in place, assuring students that seeking assistance during alcohol or drug-related emergencies will not result in punitive consequences. The [Indiana Lifeline Law](#) provides immunity for the crimes of public intoxication, minor possession, minor consumption, and minor transport to persons who reveal themselves to law enforcement while seeking medical assistance for a person suffering from an alcohol-related health emergency.

Friday Morning Classes: By scheduling classes on Friday mornings, the university aims to discourage excessive drinking on Thursday nights, promoting healthier and more responsible weekend habits. The [Office of the Registrar](#) provides the University catalog online with several programs and offering Friday morning classes.

Standards for Alcohol Service: The institution has established clear guidelines for alcohol service at campus social events, ensuring responsible and safe consumption in a controlled environment. Please see the [Policy 641 Hospitality](#) and [Policy 435 Alcohol Policy for Student-Related Events](#) for more information.

Substance-Free Residence Halls: Offering substance-free residence halls creates a supportive living environment for students who choose to abstain from alcohol and other drugs, fostering a sense of community and safety. All residence halls, excluding apartment-style housing, are substance-free residence halls.

Safe-Rides Program: A safe-rides program ensures that students have a reliable and safe transportation option when they are unable to drive due to alcohol or drug impairment, reducing the risk of DUI incidents. During Homecoming, Student Health Promotion offered Sober Ride, a courtesy shuttle to Indiana State University students and anyone wishing to shuttle to the stadium and back to campus.

Educational Programs

Student Health Promotion offered a variety of AOD programs for students, including a website dedicated to [Alcohol Awareness](#), [Drug Awareness](#), and [Webpage Resources](#).

Program: Alcohol Skills Training Program (ASTP)
Description: ASTP is a multicomponent alcohol skills training program for students at risk of developing alcohol use problems. The program provides information about addiction and offers exercises and training to help students identify personal drinking cues, develop alcohol refusal skills, and manage stress. ASTP consists of eight 90-minute sessions; however, programs conducted in as few as two sessions have been evaluated.

Timing	By Appointment
Target	All active organizations within Fraternity and Sorority Life
College AIM	Yes

Program: Screening, Brief Intervention, Referral to Treatment (SBIRT)	
Description: Using the Alcohol Use Disorders Identification Test (AUDIT) tool, SBIRT trained facilitators assesses the severity of substance use and identifies the appropriate level of treatment. Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change. Referral to treatment provides those identified as needing more extensive treatment with access to specialty care.	
Timing	By appointment
Target	Students
College AIM	Yes

Program: National Alcohol Screening Day	
Description: Evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs	
Timing	Spring semester
Target	Students
College AIM	No; however, Screening, Brief Intervention and Referral to Treatment (SBIRT) is an evidence-based practice used for screening

Program: ScreenU Alcohol	
Description: Provided by Higher Education Center, ScreenU is an anonymous, web-based program that utilizes a brief screening process designed to identify students along the continuum of use from misuse to dependency. Students who indicate no misuse of alcohol, marijuana, or prescription drugs receive positive reinforcement of their choices. If the online screening indicates problematic use, the tool will provide students with feedback specific to their behavior and risk level. Students answer open-ended questions based on motivational interviewing principles.	
Timing	Continuous
Target	All currently enrolled students
College AIM	Yes

Program: Adult Mental Health First Aid	
Description: The West Central Indiana Area Health Education Area Center (AHEC) housed with the College of Health and Human Services at Indiana State University hosted (2) Mental Health First Aid training for employees. Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues. The training educates on common signs and symptoms of mental health and substance use challenges, how to interact with a person in crisis,	

and how to connect a person with help, and expands participants' knowledge on trauma, substance use, and self-care.	
Timing	Summer (early June)
Target	Employees
College AIM	Yes

Program: Designated Walker (Homecoming Sober Monitor)	
Description: Designated Walker was created to make an unofficial homecoming tradition called “The Walk”, in which participants walk down Wabash Avenue stopping at bars and restaurants along the way, safer for students and homecoming visitors. As part of Designated Walker, the Sycamore and Terre Haute communities keep other Sycamores safe. All Designated Walkers must attend bystander intervention training taught by Student Health Promotion. This ongoing program is sponsored by Pepsi.	
Timing	Homecoming
Target	Everyone
College AIM	Yes; via bystander intervention program

Program: Social Norms Campaign	
Description: Student Health Promotion utilizes the social norms approach in AOD training, workshops, and outreach; in addition to establishing an intentional marketing campaign. The social norms approach is a theory and an evidence-based program that aims to dismantle college students' beliefs to align with the reality of the majority of their peer's consumption behaviors. The social norms approach and campaign utilize Indiana State University-specific data from the Indiana College Substance Use Survey and the American College Health Association's National College Health Assessment.	
Timing	Continuous
Target	Everyone
College AIM	Yes

Policy Inventory

Annual Notification

As part of a commitment to creating a campus environment free from drug use and alcohol abuse, Indiana State University annually notifies both students and employees about the components of the Indiana State University Prevention Program to ensure that Indiana State University Community members are aware of Indiana State University standards of conduct, sanctions for violations of university policy, consequences of drug and alcohol abuse, the health risks of alcohol and illicit drug use, and a summary of Indiana State University prevention and education efforts.

Indiana State University Human Resources completed annual notification to all employees and students to ensure that all members of the campus community receive timely and complete information about the Drug and Alcohol Abuse Prevention Program. The Annual Notice may be found at <https://www.indstate.edu/daapp>. This webpage contains possible consequences of drug and alcohol abuse for employees and students.

Employee Policies

The use of drugs and alcohol in the workplace is inconsistent with the goals and objectives of ISU. Indiana State University has developed specific policies to maintain a safe and drug-free work environment, while also providing prevention programs and information for employees.

Indiana State University's [Drug-Free Campus Policy](#) prohibits the unlawful manufacture, distribution, dispensation, possession, or use of controlled substances or alcohol in any part of the University or at any University activity. The goals of the Drug Free Campus Policy are to create a safer environment for students, faculty, staff and campus visitors and to educate Indiana State University employees about:

- a. the symptoms and health risks of dependency on drugs and alcohol,
- b. the assistance available to Indiana State University employees for dependency-related problems,
- c. the disciplinary sanctions associated conduct and consequences of engaging in prohibited conduct on campus,
- d. Indiana State University's inspection and testing policy when an individual exhibits symptoms of drug or alcohol use on campus.

Some positions require drug screenings prior to work on campus. Examples of such positions include Indiana State University Police Officers and individuals in positions that required a Commercial Driver's License. Indiana State University has also developed procedures for evaluation and resolution of suspected violations of the Drug Free Campus Policy, which include workplace inspections and controlled substance and alcohol testing. A determination that an employee violated institutional policies will result in sanctions or disciplinary outcomes that may include a) required participation in an approved drug abuse assistance or rehabilitation program, b) reprimand, c) suspension, d) termination of employment.

All employees (faculty, staff and student) are required to acknowledge and agree to the Drug Free Campus Policy acknowledgement as a condition of employment. Full-time employees receive additional information via New Employee / New Faculty Orientation.

Employees are encouraged to use the Employee Assistance Program (EAP) to address issues of addiction to drugs or alcohol. Participation in EAP allows employees to participate in six (6) free counseling sessions at the Indiana State University Psychology Clinic or other approved local provider. Employee use of EAP is kept private from supervisors and other Indiana State University staff. In addition, Indiana State University employees are entitled to time off as required by the Family and Medical Leave Act and may seek permission to take an unpaid personal leave of absence for up to 90 days to address issues of addiction.

Student Disciplinary Process and Policies

In addition to prevention and education efforts, Indiana State University also has policies in place to ensure a safe environment for students. The Office of Student Support & Accountability makes determinations about violations of Indiana State University policy and ensures consistent application of the sanctions against students. In May 2014, the Board of Trustees approved a revised Code of Student Conduct. One of the primary sections modified was that related to Drug- and Alcohol-Related Behaviors. The purpose of the change was to provide more clarity to students by giving specific definition to prohibited behaviors. In

addition, the new policy provides additional reporting information that will assist in addressing particular behaviors.

Parental Notification

Indiana State University has taken steps to notify parents or guardians about violations of campus AOD policies, in accordance with the 1998 amendments to the Family Educational Rights and Privacy Act (FERPA). The purpose and goal of this practice is to expand the partnership with parents/guardians in encouraging students to make reasonable, responsible, and healthy decisions about AODs. There is a strong association between declining academic performance and the illegal/abusive use of AODs by our students. By notifying parents/guardians of violations of this nature, we will have the opportunity to work together with parents/guardians to aid in the academic success and healthy social integration of our students.

If a student under the age of 21 is found responsible for violating 3.3 Drug Related Behavior and/or 3.3.4 Alcohol Related Behavior of the Code of Student Conduct, the Office of Student Support & Accountability will notify the student's parents/guardians in writing. Written notifications will not include specific details of the incident(s), circumstances surrounding the violation(s), or any specifics of the case. If parents/guardians are interested in receiving more information regarding the incident, they are encouraged to discuss the case with their student. If questions remain, parents/guardians are encouraged to contact The Office of Student Support & Accountability.

An integral part of the conduct adjudication process is the discussion concerning notification of the parents/ guardians. Consideration will be given to situations where notification may be detrimental to the student or family. When there is reason to believe that a student's health and well-being are at risk or they have placed other members of the community at risk, the Dean of Students or his/her designee may contact the parents/guardians directly.

Relevant Excerpts from the Code of Student Conduct

3.3.3 Drug Related Behavior refers to drug violations, including, but is not limited to being in the presence of, under the influence of, possessing, manufacturing, exchanging, distributing, purchasing, using, or selling unlawful drugs or any controlled substance/narcotic, such as, but not limited to, marijuana, synthetic cannabinoids, inhalants and intoxicants, misuse of over-the-counter drugs and/or prescription drugs, or possessing paraphernalia for drug related use on University premises.

3.3.3a In the Presence of/Failure to Report

3.3.3b Possession of unlawful drug or controlled substance(s)

3.3.3c Possession of drug paraphernalia

3.3.3d Use of unlawful drug or controlled substance(s)

3.3.3e Purchase of unlawful drug or controlled substance(s)

3.3.3f Misuse of over-the-counter drugs or prescription drugs

3.3.3g Manufacture of unlawful drug or controlled substance(s)

3.3.3h Distribution and/or sale and/or delivery of unlawful drug or controlled substance(s)

3.3.3i Reasonable suspicion of unlawful drug use (odor); and/or

3.3.3j Behavior while under the influence of any item covered under this section.

3.3.4 Alcohol Related Behavior refers to any violation of the University Alcoholic Beverage Policy:

3.3.4a Sale, purchase, consumption, or possession of alcoholic beverages by persons who are younger than 21 years of age

3.3.4b Sale, purchase, consumption, or possession of alcoholic beverages by persons of legal age in a manner inconsistent with University policy

3.3.4c Furnishing alcoholic beverages to persons younger than 21 years of age; and/or

3.3.4d Behavior while under the influence of an alcoholic beverage.

1.8 Good Neighbor Exemption

Students are encouraged to call 911 (or X5555 on campus) for emergency assistance as needed, even at the risk of disciplinary action for one's own conduct. The Good Neighbor Exemption provides students with the opportunity of an exclusion from university disciplinary action if a student risked revealing one's own violation of the Code of Student Conduct in order to seek medical or other emergency assistance for another person in distress. The decision to provide the exception shall be at the discretion of the designated hearing officer. The Good Neighbor Exemption does not apply to any criminal charges that may be incurred because of an offense.

1.9 Medical Amnesty

In 2013, the Indiana State University Student Government Association took the lead in creating a student approved response to the 2012 Indiana Lifeline Law (IC7.1-5-1-6.5). In summary of the Indiana State University Medical Amnesty, a student who seeks assistance for another and the student in need of medical assistance may be exempt from a university conduct process on the following conditions: 1) the student cooperates and provides detailed information regarding the incident and 2) the student successfully completes an alcohol education/ awareness program. Repeat offenders are likely not eligible for this exemption. This exemption does not apply to any criminal charges that may be incurred because of an offense.

ISU Alcohol Health Procedures: Alcohol Safety and Assistance Program

The utmost concern of Indiana State University is the care and well-being of our student body. Alcohol-related illness poses significant dangers to students. The university community understands that the risk of university discipline can deter a student from making the call that could save the life of someone who has consumed too much alcohol. In alcohol related emergencies, ISU ASAP seeks to mitigate deterring consequences for the intoxicated student as well as the student seeking medical attention on behalf of the intoxicated student. The purpose of ISU ASAP is not to exonerate students from disciplinary action; rather the ISU ASAP favors educationally- based, reformation-minded University responses to these frightening incidents. The proposed procedure will foster a culture in which individuals feel comfortable calling for help on behalf of those in need of assistance, thereby saving lives.

Any student who requires medical assistance due to an alcohol-related illness may be exempt from university disciplinary sanctions when all the following has taken place:

- a. The proper authorities are notified;
- b. The student completely cooperates with all authorities involved and provides all requested information, i.e. the provider of alcohol, the person/organization that owns the property where the incident occurred, etc.; and
- c. After the offense, the student remains compliant with the prescribed Alcohol Education and Assessment Initiative issued by the Office of Student Support & Accountability.

One (1) student who assists the ill individual may be exempt from university disciplinary sanctions related to this incident when all the following has taken place:

- a. The proper authorities are notified;
- b. The student completely cooperates with all authorities involved and provides all requested information; and
- c. The student remains with the ill individual until the authorities arrive at the scene.

The decision to provide the exception from university disciplinary sanctions shall be the judgment of the Office of Student Support & Accountability. NOTE: The exception does not apply to any criminal charges that might be incurred because of an offense and vice versa, a student may still be exempt through the University process, even if criminal charges are pursued by legal channels. Repeat offenses may not receive the immunity that this procedure offers.

AOD- related highlights / Significant Accomplishments

JED Campus Program

Indiana State University had previously partnered with the Jed Foundation to become a JED Campus, and during this reporting period were wrapping up several items in the JED initiative. The JED Campus initiative goal is to strengthen mental health and suicide prevention efforts at Indiana State University. The JED Campus Program has a comprehensive approach to support mental health, including enhancing protective/preventive factors and resilience, increasing access and availability to clinical services, and being proactive with early intervention services that identify those at risk and increase help seeking behaviors.

One of the guiding principles of the JED Campus Program is the emotional well-being and prevention of substance misuse and abuse must be seen as a campus-wide responsibility. While Health and Counseling offices have an important role to play, it is the responsibility of everyone on campus to promote and protect the mental health of the student body; thus, Indiana State University formed a Campus Taskforce comprised of faculty, staff, senior administrators, and students which makes prevention of mental health challenges and substance use a priority for the entire campus community.

Through our participation as a JED Campus, a number of strengths and areas for consideration were identified.

Notable Strengths

- Substance Use Policies

- We have clear policies on substance misuse, inclusive of illicit/illegal drug use and prescription drug misuse, that are easily accessible to campus stakeholders
- Overdose Protocol
 - Indiana State University has a protocol in place for following up with students who have experienced an overdose or who are transported to the emergency room for alcohol poisoning
- Naloxone Availability
 - Naloxone is available to public safety in the event of an overdose
- Protocol for Students of Concern
 - Indiana State University has a formalized protocol, Sycamore Support/ Cares, for when a student has been identified as being in distress or needing outreach due to a potential mental health and/or substance misuse issue
- Screening Tools
 - We host screening tools (U Lifeline and others) on university wellness hubs, including counseling and other department pages, so that students can learn more about potential struggles with mental health and/or substance use
- Mental Health Training
 - We estimate about 25% of faculty participated in a mental health training to identify, reach out to, and provide resources to other students who may be struggling

Areas for Consideration

- Health Services Screening
 - Our health services screens for mental health/substance use when clinically indicated. JED encourages Indiana State University to consider finding ways to incorporate screens routinely in these visits.
- Health History Form
 - JED recommends that we collect a Health History Form from incoming students, including questions related to mental health and substance use history, which can enable our campus to take proactive steps to provide resources to at-risk students as they enter campus.
- Programming for Emotional Health/Substance Use
 - JED Recommendation: develop a strategic plan for emotional health and substance use programming
- Recovery Program
 - JED recommends a recovery program for students that are sober or working on recovery from substance use
- Drug Collection Programs
 - ISU can implement drug collection programs that are well publicized and regularly run either on campus or via partnerships with local pharmacies

Goals and Recommendations for 2025-2026

Looking ahead it is evident that the dynamic nature of education requires us to continually evolve and innovate. We must also remain responsive to the changing needs of our students and broader society, aligning our substance use prevention programs and initiatives accordingly.

This review has provided Indiana State University with valuable insights into the multifaceted aspects of our institution, highlighting both our successes and areas that require continued attention and improvement for alcohol and other drugs. The following recommendations emerge from the biennial review, providing a strategic pathway to enhance our institution's growth, resilience, and impact in the years ahead.

1. Screening Opportunities
 - a. Implement screening/wellness days focused on substance use and common mental health issues at least once a semester
 - b. Implement standardized screenings for substance use/misuse and common mental health problems by Student Health Center clinicians at primary care visits
2. Mental Health Training
 - a. Expand mental health training program for relevant campus faculty and staff in identifying, reaching out to, and referring students who may be struggling
 - b. Train students to identify, reach out to, and refer their friends/peers who may be struggling with mental health or substance issues
 - c. Educate families of incoming students regarding mental health and substance use resources on campus
3. Substance Misuse Support
 - a. Establish recovery community and/or support programs on campus
 - b. Implement messaging campaigns designed to educate students about the risks and consequences of substance use/misuse
4. Promote Means Safety
 - a. Implement drug collection/drug return programs for prescription medications on campus.